



Revesby South Public School School Sports Policy and Guidelines

What is School Sport?

Sport is an important part of the curriculum, which contributes to the development of the whole child. It provides an opportunity for each student to become involved in physical activity which has many benefits. These benefits are diverse and comprise of higher levels of fitness, better health, the development of skills, satisfaction derived from skilled performance, pleasurable social involvement and the opportunity to work cooperatively as a part of the team.

The Aims of School Sport

The aims of this policy for students are to:

- Promote fitness and health
- Allow all children to develop a wide range of skills
- Provide an opportunity for students to participate at a level of sport, which is commensurate with their ability and maturity.
- Allow each student to develop cognitively, aesthetically, expressively, physically and socially.
- Develop positive attitudes and good sportsmanship
- Have fun in sports
- Provide opportunities for the development of gifted and talented students.
- The aims of this policy for teachers are to:
- Provide information, guidelines and clarification of what is expected when conducting sport.
- Promote safe sporting practices.

Obligations and compliance under Department of Education Policy

The procedures contained in the ***Requirements for All Sport and Physical Activity Policy and relevant Specific Sport and Physical Activity Guidelines*** will be adhered to when any school sporting programs are planned and implemented. Particular attention should be given to these sections headed:

- *Banned Activities*
- *Child Protection*
- *Coaching Competency*
- *External providers*
- *Infection control (staff, players, education)*
- *Injury Management*
- *Students with Disabilities or Medical Conditions*
- *Medical Insurance*
- *Risk Management*
- *Safe use of equipment*
- *Staff-student ratios*
- *Supervision*
- *Weather and playing conditions*

For further information regarding the above policy:

<https://app.education.nsw.gov.au/sport/Home/PolicyAndGuidelines>

Implementation

Stage 2 and 3

PSSA

All students in Years 3-6 will be given opportunity to try out for inter-school competitive sport teams and carnival events to compete in the East Hills PSSA competition. Junior teams are selected from students' turning 8, 9 or 10 years in that calendar year. Senior teams are selected from students turning 11, 12 or 13 years old in that calendar year.

Students who are selected in PSSA sport teams will receive coaching on a regular basis. Training sessions may occur before, during or after school and will be communicated to parents at the beginning of the season. Students are expected to attend all training sessions. Habitual failure to attend training without a valid reason may result in the not retaining their position in the team.

Selection of students will be coordinated by the PSSA coach and will be based on the following criteria; performance, team work, positive attitude, behaviour and parental support (financial and behavioural). No preference will be given to the age of students. The best players will be selected as determined by the PSSA coach. It is expected that all PSSA coaches give all students appropriate playing time, however time allocation and position selection will be determined by the coach.

Students chosen in a PSSA team will be required to pay a levy to cover costs of buses and uniform. This fee will be set at the beginning of the season. Students missing out on rounds will be unable to claim a refund. PSSA sport will take place on Friday afternoons from 1:00pm to 2:30pm. Students will leave after lunch to travel by bus or walk to venues.

Students and parents will abide by the Revesby South PS PSSA Expectations. Their commitment will be indicated by the signing of the PSSA Expectations. PSSA competitions are coordinated by volunteers with varying degrees of sporting backgrounds. Regardless of decisions made, the school will generally support officials/umpire in all instances.

At the completion of each PSSA round, a most valued player will be chosen from each team. This player will receive a merit certificate at Friday assembly and their name will be published in the Friendly Link newsletter.

School Sport

Students who remain at school for sport will be given opportunity to develop skills in a variety of sports and participate in non-competitive and competitive games. School sport will take place on Friday afternoons from 2:00pm to 3:15pm, for Years 3-6.

At the completion of each week of school sport, a student who has most improved and/or are best behaved will be chosen from each sporting group. This person will receive a certificate at assembly and their name will be published in the fortnightly school newsletter. Others students seen to be producing excellent behaviour or improved skills will have the opportunity to receive house points for their efforts, which accumulate at the end of every week.

Out of School Sport

Throughout the year, students who are not participating in PSSA **may** have the opportunity to experience an off school site sporting activity such as YMCA. These activities will vary throughout the year based on student interest.

K-2

Early Stage 1 & Stage 1

Students in Years 1 and 2 will participate in sporting activities throughout the year. Students will be provided with the opportunity to develop gross motor skills including hitting, kicking, catching, ball control and throwing, running/locomotion and games.

K-2 sport will take place on a day set by staff. The session will be 60 minutes per week.

Withdrawal of students from sport:

Stage 2 and 3

PSSA

Participation in PSSA sport is depended upon student behaviour. Inappropriate behaviour or breach of the code of conduct will result in suspension or removal from the team. The Principal and/or Executive staff will make such decisions in consultation with their PSSA coach. Decisions to exclude students from PSSA will be in accordance with the RSPS Student Welfare and Discipline Policy

House Sport & K-2

If a student is misbehaving or acting inappropriately, the teacher on the activity will remove the student from the sport. Disciplinary action will be in accordance with the RSPS Student Welfare and Discipline Policy.

Students not participating due to health/cultural reasons

Sport and Physical Education (PE) are part of the mandatory curriculum as set out by the New South Wales Education Standards Authority (NESA). It is expected that every student will participate. If, for medical or cultural/ religious reasons, a student is unable to participate, a letter must be written to the class teacher notifying them of the specific reason and the expected duration of non-participation. Most medical conditions/ cultural reasons will only allow a temporary withdrawal from PE / Sport programs. It is a requirement that students are engaged in 150 minutes of physical activity per week. This will be made up of class based fitness programs, external programs including gymnastics and school sport.

PSSA

If a team member is medically unable to play sport, the student will then accompany the team to the sporting venue and act as a scorer/ observer only.

Uniform Code

PSSA and School Sport

All students will wear the correct sports uniform, footwear, necessary protective equipment and a hat where appropriate when playing sport. If the uniform code is not adhered to, students may be excluded from playing. In regards to safety equipment, no student will be allowed to play PSSA until they have the correct gear.

Netball

- RSPS Sports Uniform including a black sport skirt/ black shorts or leggings and gold socks
- No jewellery
- Short length nails
- Soft wetsuit visor to be worn during the game (supplied by the school)

Rugby League

- RSPS Sports shorts, long black and yellow socks
- No jewellery
- Head gear (strongly encouraged)
- Mouthguard
- Football boots
- Jersey (supplied by school)

Football

- RSPS sports uniform including RSPS long black and yellow socks
- Shin pads
- Soccer boots
- Short length nails
- No jewellery
- Playing shirt (supplied by the school)

T-Ball/Softball

- RSPS Sports uniform including RSPS long black and yellow socks
- Shin pads
- No jewellery
- Short length nails

Cricket

- RSPS Sports uniform or white pants
- School cap

Safety and Duty of Care

The safety guidelines set down by the NSW PSSA and DoE regarding equipment, first aid, child protection, injury and risk management and infectious control will be strictly adhered to. Each PSSA sporting team is required to take a fully equipped first aid kit to the sporting venue including an asthma spacer and reliever medication.

Duty of Care

1. While at PSSA, teachers are responsible to supervise all students from all schools.
2. Ensure the safety of non-participants eg spectators, players waiting their turn, eg batters and reserves.
3. All students must be under direct supervision at all times,
4. Ensure transport safety, eg seated on bus, walk on paths

Medical Insurance

In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. The department's public liability cover is fault-based and would only be applicable if the department were to breach its duty of care to students in a way that may result in claims for compensation. Parents should sign a consent form acknowledging awareness of this fact before

students participate in sporting activities. A sample Consent Form is available on the School Sport website.

The NSW Sporting Injury Insurance Scheme, funded by the NSW government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body.

Wet/ Extreme Weather

In the case of wet or extreme weather being declared by the executive of East Hills PSSA before commencing sport, normal school lessons will take place for both PSSA teams and School Sport.

In the case of wet weather during School Sport, groups will be taken by the current supervising teacher under shelter or to the hall to take part in appropriate minor games. When PSSA teams return, normal class structures will commence.

Professional Learning

Teachers will be given opportunity to develop their knowledge and coaching skills through school based, District, Regional and State professional learning courses.

Teachers will be given the opportunity to work in consultation with their colleagues and visiting sporting organisations to discuss and seek assistance in developing appropriate sporting experiences for the students.

Sports Carnivals

Stage 2 and 3

In conjunction with the above sporting experiences, all students will have the opportunity to participate in Sports Carnivals. The students are grouped into houses for sporting carnivals which are used to determine selection of students to represent the school at East Hills PSSA carnivals. The 4 houses are Fraser (Green), Jackson (Blue), Laver (Yellow) and Taylor (Red).

During the year, students in Years 3-6 and any students turning 8 Years in the same calendar year from Year 2, will have the opportunity to participate in the school Swimming, Cross Country and Athletics Carnivals. Carnival organisers may include Kindergarten and Year 1 students in these carnivals if appropriate.

Revesby South Public School PSSA and Sportsmanship Awards

Two students will receive rewards at the Presentation Assembly for Most Valuable Player and Most Improved Player in each PSSA team. The rest of the PSSA team will receive certificates or ribbons for participation. There will also be an award for Swimming and Athletics Champion in the Junior, 11 years and 12/13 years age group in both boys and girls.

There will also be an overall Sportsperson award for both girls and boys. Both **students will be a Year 6 student**. The criteria or points system to choose the most appropriate candidate is below. When deciding upon the award, sportsmanship, behaviour and positive contribution to PSSA during their years at RSPS will also be taken into account.

Points System to determine Sports Person of the Year.

1 point = PSSA Team participation.

2 points = Receiving an overall MVP award in a PSSA team.

1 point = Receiving a Most Improved award in a PSSA team.

1 point = Representing the school at District level. (Athletics, Swimming, Cross Country)

2 points = School Carnival Champion (Swimming, Cross Country, Athletics)

3 points = Representing the District at Regional level.

5 points = Regional Representative at State level.

7 points = State Representative at National Level

If students are equal, points gained for their House during school carnivals will determine the winner.

REVESBY SOUTH CODE OF CONDUCT

Young people involved in sport have a right to participate in a safe and supportive environment

For Players, Teachers, Coaches and Spectators

- The goals of the game are to have fun and improve skills
- Be modest in success and generous in defeat
- Play for the fun of it
- Play by the rules and always respect the decisions of officials
- Make no criticism either by word or gesture
- Deliberately distracting or provoking an opponent or player is not acceptable or permitted in any sport
- Be a good sport. Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the games' outcome.
- Condemn unsporting behaviour and promote respect for opponents
- Condemn the use of violence in any form
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion
- Ensure any use of social media about or around school sport events, teams and management is responsible and appropriate
- Place the safety and wellbeing of the participants above all else
- All school sports events are alcohol and smoke free zones

EXPECTATIONS MATRIX

Our Rules	PSSA/School Sport
BE SAFE	<u>PSSA</u> <ul style="list-style-type: none"> * Stay with your teacher * Follow the code of conduct * Travel sensibly * Take care when crossing the roads <u>School sport</u> <ul style="list-style-type: none"> * Listen to the teacher * Line up quickly and quietly * Use equipment sensibly * Take care when crossing the road
BE RESPECTFUL	<u>PSSA</u> <ul style="list-style-type: none"> * Stay with your teacher * Follow the code of conduct * Travel sensibly * Respect the umpires decisions * Treat opposing teams fairly <u>School sport</u> <ul style="list-style-type: none"> * Listen to the teacher * Line up quickly and quietly * Display good sportsmanship
BE AN ACTIVE LEARNER	<ul style="list-style-type: none"> * Learn and follow the rules * Display good sportsmanship * Be a team player * Participate in all activities * Ask for help if needed

This policy was collaboratively developed in consultation with staff and parents from Revesby South PS during 2014. Updated October 2018.